Does Time to Positivity of Blood Cultures Predict Causative Pathogens and Survival in Neonatal Sepsis? A Retrospective Cohort Study from Indonesia

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Abstract

Objectives: In the blood culture procedure for neonatal sepsis, time to positivity (TTP) reflects the pathogenic bacterial load and the time required for an empirical antibiotic regimen to be given prior to definitive treatment. This study aims to identify the differences in TTP among causative pathogens and its predictive value for the overall survival of neonates with sepsis at a tertiary healthcare center in Indonesia.

Methods: A retrospective cohort study was conducted from January 2020 to August 2022 at Dr. Soetomo General Hospital, Surabaya, Indonesia. Neonates with blood culture-proven neonatal sepsis were included in the analysis. TTP was defined as the time between the acceptance of a blood culture specimen from the neonatal intensive care unit (NICU) and reports of positive culture growth by the laboratory.

Results: Across 125 cases, the median TTP was 58.08 h (IQR 24.48), of which 41.6% of blood cultures were positive by 48 h, 86.4% by 72 h, and 98.4% by 96 h. A significantly shorter TTP was exhibited by the three major gramnegative organisms (*Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Enterobacter cloacae*) compared to coagulasenegative Staphylococci (CoNS). The mortality rate of neonatal sepsis was 49.6% for the duration of this study period. On the Cox multivariable regression model, a shorter TTP was an independent prognostic factor to predict mortality in the entire cohort (HR 0.985; 95% CI [0.973–0.998]) and gram-negative sepsis cohort group (HR 0.983; 95% CI [0.968–0.999]).

Conclusion: TTP predicts different causative pathogens and the overall survival of neonatal sepsis cases from a tertiary healthcare facility in Indonesia.

Keywords: Neonatal Sepsis, Bacterial Sepsis, Time To Positivity, Blood Culture.

Introduction

Neonatal sepsis imposes a substantial burden on the healthcare systems of lower-and-middle income countries (LMIC). Reports have previously estimated a global mortality rate of 17.6% for early-onset sepsis (EOS) and 16.4% for late-onset sepsis (LOS), respectively.¹ In LMICs, neonates with clinically suspected sepsis or those supported by laboratory findings are associated with a significant increase of all-cause mortality risks by five and nine-fold, respectively.² Evidence from Vietnam showed that several clinical and laboratory factors were associated with higher risks of neonatal sepsis mortality, which include extremely low-birth-weight, hyperglycemia, thrombocytopenia, leukopenia, sclerema, base excess <-20 mEq/L, and serum lactate >4 mmol/L.³ Elevated neutrophil-lymphocyte-ratio (NMR) has also been reported as an independent prognostic factor of neonatal sepsis mortality (HR 7.52; p=0.001), with 80% sensitivity and 65.8% specificity for the cut-off value of 7.65.^{4,5} Under a resource limited setting, the use of these predictors is crucial to determine appropriate management and prognosis of neonatal sepsis patients.

Blood culture is a gold standard diagnostic procedure for neonates with clinically suspected neonatal sepsis.⁶ Since the introduction of continuous blood culture monitoring devices of over 30 years ago, the term time to positivity (TTP) has been commonly used by clinicians to indicate the time lapsed from initial culture incubation to a report of positive growth signal on the instrument.^{7–9} Generally, TTP provides indirect representation of bacterial load and/or rate of virulence of a certain bloodstream infection, implying that causative pathogens with higher growth rates will be detected at an earlier rate during the procedure.^{9–11} A systematic review and meta-analysis suggested that shorter TTP serves as a crucial predictor of overall survival and septic shock in bloodstream infections.¹² TTP also played an important role in determining the duration of empirical antibiotics administration following clinical diagnosis of sepsis and blood specimen collection.¹³ Both microbiological and clinical characteristics were recognized as determinant factors of TTP, but the interpretation of its association differs: from a microbiological standpoint, a faster or slower TTP indicates the inherent growth capacity of the organism, whereas clinically, it reflects differences in the inoculum originally present in the blood.¹⁴

However, it is crucial to highlight that TTP is also heavily associated with commonly overlooked confounding factors found in the clinical practice, primarily those related to logistics (transportation, administration, opening hours, etc.).⁹ Therefore, although the evaluation of TTP in neonatal sepsis have been thoroughly explored on numerous reports, the lack of evidence originating from LMICs and the aforementioned reasons may potentially reveal notable discrepancies of results.^{15–19} In this study, we aim to observe the TTP of neonatal sepsis cases from a tertiary healthcare center in Indonesia, as well as analyzing its differences among different causative pathogens and its prognostic capability to predict overall survival.

Methods

A retrospective cohort study was conducted at Dr. Soetomo General Hospital, a referral healthcare center for neonatal sepsis in the Eastern Region of Indonesia. All neonates with bacteriological confirmation of neonatal sepsis from the neonatal intensive care unit (NICU) from January 1st, 2020 to August 31st, 2022 were included in this study. The identification of neonatal sepsis cases was based on the electronic medical records under the International Classification of Diseases-10 (ICD-10) code P36.

Retrospective identification was conducted on all initial blood cultures collected after birth, in which organisms were isolated and subsequently confirmed as the causative pathogens of neonatal sepsis. Blood specimens for culture were collected with a minimum volume of 1 mL prior to any administration of empirical antibiotics. The microbiological culture procedure was conducted at the Clinical Microbiology Laboratory of Dr. Soetomo General Hospital using the automated and continuous detection systems of BD BACTEC. In this study, the time to positivity (TTP) was defined as the time lapsed (hours) between the acceptance of a blood culture specimen from the neonatal intensive care unit (NICU) and reports of positive culture growth by the laboratory. For neonates that underwent multiple blood culture procedures, only the initial blood culture will be analyzed for this study.

Information regarding clinical characteristics of neonatal sepsis was retrieved from the electronic medical records which fulfilled the following eligibility criteria: 1) neonates were delivered inside the healthcare facility; 2) complete maternal history records; and 3) the first identified case of neonatal sepsis in each patient. The following data were

extracted for each neonate: sex, gestational age, birth weight, mode of delivery, sepsis onset, presence of birth asphyxia, neonatal outcome (mortality), and risk factors associated with maternal history (premature rupture of membranes [PROM], preeclampsia, antenatal corticosteroids, urinary tract infection [UTI], anemia of pregnancy).

Continuous variables were presented as median with interquartile range (IQR) and categorical variables were presented as frequency (n) and percentages (%). The comparison of neonatal and maternal characteristics with overall survival was conducted categorically using the chi square test, while the Mann-Whitney test was applied for the continuous comparison of TTP with overall survival. The distribution of causative pathogens was listed along with their respective median (IQR) TTP as well as the proportion of positive cultures at 24, 48, 72, and 96 hours. Kaplan-Meier curves were generated to plot the proportion of positive cultures by time, compare the TTP between different species, and identify overall survival based on different TTP ranges. The comparison between curves was conducted using the log-rank test. To determine the prognostic capability of TTP and other variables for overall survival, a backward-stepwise Cox multivariate regression model was implemented. Variables were included in the model based on a score statistic of less than 0.05, and any variables with a score statistic greater than 0.25 were excluded. The measures of risk for this model were expressed as a hazard ratio (HR) with its respective 95% confidence interval (CI). Statistical significance was determined if p-value <0.05. All statistical analyses were conducted with SPSS software ver. 23 and GraphPad Prism 9.5.1.

Results

During the January 2020 to August 2022 period, 569 neonates were clinically diagnosed with neonatal sepsis and received treatments in the NICU of Dr. Soetomo General Hospital. 243 outpatient neonates, 11 neonates with incomplete medical records, and 49 neonates that did not undergo blood culture confirmation were excluded from the analysis. From the 266 eligible neonates in which blood specimens were taken for culture, 141 of them showed no growth in blood cultures or were either determined as contaminants (53.0%). Hence, 125 neonatal blood cultures and their associated clinical records were retrieved to be included in our analysis (Table 1). The majority of the study cohort consisted of late-onset sepsis cases (76.8%), male sex (52.8%), gestational age of 32–<37 weeks (46.4%), and birth weight of 1500–<2500 (37.6%). Maternal and perinatal histories identified a number of cases of birth asphyxia (12.8%), casearean delivery (78.4%), premature rupture of membranes (PROM) (16.0%), preeclampsia (45.6%), antenatal corticosteroid use (51.2%), intrapartum fever (4.8%), maternal UTI (2.4%), anemia of pregnancy (30.4%). Across the bacteriologically confirmed cases of neonatal sepsis, the time to positivity of blood cultures ranges from 15.12 h to 143.03 h, with a median of 58.08. The all-cause mortality rate for the study cohort was 49.6%, with a median length of stay of 22 days.

Table 1: Characteristics of the Study Cohort (N=125).

Characteristic	n (%)
Late-onset sepsis	96 (76.8%)
Male	66 (52.8%)
Gestational age (weeks), median (IQR)	33 (5)
Gestational age (weeks)	
<28	15 (12.0%)
28-<32	35 (28.0%)
32-<37	58 (46.4%)
≥37	17 (13.6%)
Birth weight (g), median (IQR)	1450 (1000)
Birth weight (g)	
<1000	24 (19.2%)
1000-<1500	39 (31.2%)
1500-<2500	47 (37.6%)
≥2500	15 (12.0%)
Birth asphyxia	16 (12.8%)
Caesarean delivery	98 (78.4%)
Maternal history	
PROM	20 (16.0%)
Preeclampsia	57 (45.6%)

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Antenatal corticosteroid	64 (51.2%)
Intrapartum fever	6 (4.8%)
Maternal UTI	3 (2.4%)
Anemia of pregnancy	38 (30.4%)
Time to positivity (h), median (IQR)	58.08 (24.48)
Time to positivity	
<48 h	50 (40.0%)
48–72 h	55 (44.0%)
>72 h	20 (16.0%)
Length of stay (day), median (IQR)	22 (26)
All-cause mortality	62 (49.6%)

In this study, gram-negative bacteria accounted for the majority (62.4%) of pathogen growth from blood cultures (Table 2). The most commonly isolated gram-negative organisms were Klebsiella pneumoniae (47.4%), Acinetobacter baumannii (20.5%), and Enterobacter cloacae (14.1%). No fungal species were isolated from the blood cultures. Across the whole sample, 41.6% of blood cultures were positive by 48 h, 86.4% by 72 h, and 98.4% by 96 h (Fig. 1A). Gramnegative bacteria showed a relatively lower median TTP than gram-positive bacteria (47.76 vs 66.24 h). The lowest TTP was identified in a blood culture showing the growth of Lelliottia amnigena biogroup 2 at 15.12 hours. Conversely, blood cultures that yield Pseudomonas spp. had the longest median TTP at 95.28 hours. There are 4 neonatal blood cultures with more than 1 pathogen being grown and isolated, which include the combination of 1) Staphylococcus sciuri (CoNS) and Stenotrophomonas maltophila; 2) Serratia plymuthica and Enterobacter cloacae; 3) Klebsiella pneumoniae and Escherichia coli; as well as 4) A. baumannii and S. aureus. These polybacterial cultures had a median TTP of 59.52 hours, placing it between the median TTP of gram-negative and gram-positive bacteria. Marked differences in TTP were identified among the four major causative pathogens of neonatal species (p=0.01) (Fig. 1B). However, these differences were only found on four subgroup comparisons between K. pneumoniae and CoNS (p=0.027), A. baumannii and CoNS (p=0.011), E. cloacae and CoNS (p<0.0001), and E. cloacae and A. baumannii (p=0.0397) (Fig. 2).

TTP (h)

Table 2: TTP by Species (N=125).

Species	n (%)	Median (IQR)	Positive at 24 h (%)	Positive at 48 h (%)	Positive at 72 h (%)	Positive at 96 h (%)
Gram-negative	78 (62.4%)	47.76 (22.56)	2.56%	50.00%	89.74%	97.44%
Klebsiella pneumoniae	37 (47.4%)	48.00 (22.32)	0%	48.65%	89.19%	97.30%
Acinetobacter baumannii	16 (20.5%)	58.32 (23.28)	6.25%	43.75%	93.75%	100%
Enterobacter cloacae	11 (14.1%)	46.32 (16.32)	0%	63.64%	100%	100%
Escherichia coli	5 (6.4%)	53.28 (23.76)	0%	40.00%	80.00%	100%
Klebsiella ozaenae	2 (2.6%)	45.12 (0.72)	0%	100%	100%	100%
Pseudomonas spp.	2 (2.6%)	95.28 (13.68)	0%	0%	0%	50%
Achromobacter spp.	1 (1.3%)	42.48	0%	100%	100%	100%
Aeromonas caviae	1 (1.3%)	29.52	0%	100%	100%	100%
Serratia marcescens	1 (1.3%)	52.8	0%	0%	100%	100%
Serratia plymuthica	1 (1.3%)	57.36	0%	0%	100%	100%
Lelliottia amnigena	1 (1.3%)	15.12	100%	100%	100%	100%
Gram-positive	43 (34.4%)	66.24 (13.92)	0%	23.26%	74.42%	100%
CoNS	36 (83.7%)	66.72 (12.96)	0%	22.22%	75.00%	100%
Staphylococcus aureus	2 (4.7%)	60.96 (1.44)	0%	0%	100%	100%
Bacillus spp.	2 (4.7%)	54.96 (18.48)	0%	50.00%	50.00%	100%
Streptococcus agalactiae	1 (2.3%)	30.00	0%	100%	100%	100%

Enterococcus faecalis	1 (2.3%)	65.04	0%	0%	100%	100%
Corynebacterium	1 (2.3%)	93.60	0%	0%	0%	100%
Polybacterial	4 (3.2%)	59.52 (25.92)	0%	25.00%	75.00%	100%







Figure 1. A) Kaplan-meier curve of the proportion of positive blood cultures by time (hours). B) Kaplan-meier curves of the positive blood cultures by time (hours) across different species (p=0.01).

Figure 2. Kaplan-meier curves of TTP by species subgroups. A) *K. pneumoniae* and *A. baumannii* (p=0.8126). B) *K. pneumoniae* and CoNS (p=0.027). C) *K. pneumoniae* and *E. cloacae* (p=0.096). D) *A. baumannii* and CoNS (p=0.011). E) *A. baumannii* and *E. cloacae* (p=0.0397). F) CoNS and *E. cloacae* (p<0.0001).

Significant differences were identified between gestational age (p=0.020), birth weight (p=0.026), birth asphyxia (p=0.007), antenatal corticosteroid use (0.040), and length of stay (p<0.0001) with overall survival among the entire study cohort (Table 3). Neonates with monobacterial gram-negative sepsis had a significantly lower rate of survivability (p<0.0001), whereas 100% mortality was observed in all four cases of polybacterial culture. Although no differences were found in the Mann-Whitney test, significant differences in the Kaplan-Meier curve were identified among the three categorical groupings of TTP (<48 h, 48-72 h, >72 h; p=0.0364) (Fig. 3). Two Cox multivariable regression models were created for the entire cohort and for neonates with gram-negative sepsis (Table 4). Five variables were included in the regression model of the entire cohort, including sepsis onset, sex, gestational age, birth asphyxia, and time to positivity. Late-onset sepsis and longer TTP were independent predictors for higher survivability (HR 0.423; 95% CI [0.229-0.781]; p=0.006 and HR 0.985; 95% CI [0.973-0.998]; p=0.027, respectively). Conversely, the presence of birth asphyxia increases the hazard of mortality by 4 times among patients with bacteriologically confirmed neonatal sepsis (HR 4.095; 95% CI [2.095-8.005]; p<0.0001). On the gram-negative sepsis model, four variables were included in the equation: sepsis onset, gestational age, birth asphyxia, and time to positivity. Gestational age <28 weeks and birth asphyxia were associated with mortality in gram-negative neonatal sepsis (HR 3.472; 95% CI; [1.065–11.319]; p=0.039 and HR 6.662; 95% CI [2.495–17.784]; p=0.000, respectively), while late-onset sepsis was independently predictive of overall survival (HR 0.356; 95% CI [0.171–0.742]; p=0.006]). A longer TTP in gramnegative neonatal sepsis was also marginally predictive of overall survival, with a 1.7% increase in odds for every 1 h increase in TTP (HR 0.983; 95% CI [0.968–0.999]; p=0.033).

Table 3: Comparison of Factors with Overall Survival (N=125).

Characteristic Onset	Survivor	Non-survivor	RR (95% CI)	p-value
Early-onset	10 (34.5%)	19 (65.5%)	2.342 (0.986-5.562)	0.050
Late-onset	53 (55.2%)	43 (44.8%)	ref.	
Sex			0.500	
Male	36 (54.5%)	30 (45.5%)	0.703 (0.347-1.423)	0.327
Female Gestational age (weeks)	27 (45.8%)	32 (54.2%)	ref.	
<28	2 (13.3%)	13 (86.7%)	7.312 (1.249-42.813)	
28 - <32	21 (60.0%)	14 (40.0%)	0.750 (0.233-2.412)	0.020*
32 - <37	31 (53.4%)	27 (46.6%)	0.980 (0.332-2.894)	
\geq 37 Birth weight (g)	9 (52.9%)	8 (47.1%)	ref.	
<1000	7 (29.2%)	17 (70.8%)	2.125 (0.555-8.140)	
1000 - <1500	18 (46.2%)	21 (53.8%)	1.021 (0.309-3.369)	0.026*
1500 - <2500	31 (66.0%)	16 (34.0%)	0.452 (0.139-1.470)	
≥2500 Birth Asphyxia	7 (46.7%)	8 (53.3%)	ref.	
Yes	3 (18.8%)	13 (81.3%)	5.306 (1.430-19.683)	0.007*
No Mode of delivery	60 (55.0%)	49 (45.0%)	ref.	
Vaginal	11 (40.7%)	16 (59.3%)	1.644	0.257

		(0.693 - 3.902)	
52 (53.1%)	46 (46.9%)	ref.	
9 (45.0%)	11 (55.0%)	1.294 (0.495-3.381)	0 598
53 (51.4%)	51 (48.6%)	ref.	0.570
27 (47.4%)	30 (47.4%)	1.250 (0.618-2.530)	0 535
36 (52.9%)	32 (47.1%)	ref.	0.000
38 (59.4%)	26 (40.6%)	0.475 (0.233-0.970)	0.040*
25 (41.0%)	36 (59.0%)	ref.	
3 (50.0%)	3 (50.0%)	1.017 (0.197-5.243)	1.000
60 (50.4%)	59 (49.6%)	ref.	
0 (0%) 63 (51.6%)	3 (100%) 59 (48.4%)	N/A	0.119
20 (52.6%)	18 (47.4%)	0.880	0 = 10
43 (49.4%)	44 (50.6%)	(0.410-1.886) ref.	0.742
32 (74.4%)	11 (25.6%)	ref.	
31 (39.7%)	47 (60.3%)	4.411 (1.940-10.030)	<0.0001*
0 (0%) 62.64 (28.08)	4 (100%) 50.28 (21.66)	N/A N/A	0.137
23 (46.0%)	27 (54.0%)	3.522 (1.110-11.176)	
25 (45.5%)	30 (54.5%)	3.600 (1.148-11.288)	0.056
15 (75.0%) 10 (18)	5 (25.0%) 29 (27.2)	ref. N/A	<0.0001*
	52 (53.1%) 9 (45.0%) 53 (51.4%) 27 (47.4%) 36 (52.9%) 38 (59.4%) 25 (41.0%) 3 (50.0%) 60 (50.4%) 0 (0%) 63 (51.6%) 20 (52.6%) 43 (49.4%) 32 (74.4%) 31 (39.7%) 0 (0%) 62.64 (28.08) 23 (46.0%) 25 (45.5%) 15 (75.0%) 10 (18)	52 (53.1%) $46 (46.9%)$ $9 (45.0%)$ $11 (55.0%)$ $53 (51.4%)$ $51 (48.6%)$ $27 (47.4%)$ $30 (47.4%)$ $36 (52.9%)$ $32 (47.1%)$ $38 (59.4%)$ $26 (40.6%)$ $25 (41.0%)$ $36 (59.0%)$ $3 (50.0%)$ $3 (50.0%)$ $60 (50.4%)$ $59 (49.6%)$ $0 (0%)$ $3 (100%)$ $63 (51.6%)$ $59 (48.4%)$ $20 (52.6%)$ $18 (47.4%)$ $43 (49.4%)$ $44 (50.6%)$ $31 (39.7%)$ $47 (60.3%)$ $0 (0%)$ $4 (100%)$ $62.64 (28.08)$ $50.28 (21.66)$ $23 (46.0%)$ $27 (54.0%)$ $25 (45.5%)$ $30 (54.5%)$ $15 (75.0%)$ $5 (25.0%)$ $10 (18)$ $29 (27.2)$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

RR: relative risk; CI: confidence interval; ref: reference category



Figure 3. Kaplan-meier curves of overall survival based on different range of TTP (p=0.0364)

-	Entire Cohort (N=125)			Gram-Negative Sepsis (N=78)			
Variables	Mortality (%)	HR (95% CI)	P-value	Mortality (%)	HR (95% CI)	P-value	
Sex							
Male	36 (54.5%)	ref.	ref.				
Female	27 (45.8%)	1.612 (0.904–2.875)	0.105				
Onset							
Early-onset	19 (65.5%)	ref.	ref.	14 (70.0%)	ref.	ref.	
Late-onset	43 (44.8%)	0.423 (0.229–0.781)	0.006*	33 (56.9%)	0.356 (0.171–0.742)	0.006*	
Gestational Age	. ,	. ,		× ,	. , ,		
<28 weeks	13 (86.7%)	1.893 (0.737–4.865)	0.185	9 (90.0%)	3.472 (1.065–11.319)	0.039*	
28 - < 32 weeks	14 (40.0%)	0.704 (0.290–1.711)	0.438	11 (52.4%)	0.793 (0.264–2.386)	0.680	
32 - <37 weeks	27 (46.6%)	1.317 (0.583–2.978)	0.508	22 (61.1%)	1.769 (0.648–4.832)	0.266	
≥37 weeks	8 (47.1%)	ref.	ref.	6 (54.5%)	ref.	ref.	
Birth asphyxia	13 (81.3%)	4.095 (2.095–8.005)	<0.0001*	7 (87.5%)	6.662 (2.495–17.784)	<0.0001*	
Time to positivity (h)	50.28 (21.66) [#]	0.985 (0.973–0.998)	0.027*	47.76 (17.76) [#]	0.983 (0.968–0.999)	0.033*	

 Table 4: Cox Proportional Hazard Regression Model of Overall Survival.

*Statistical significance, p<0.05 [#]Data presented as median (IQR) HR: hazard ratio; CI: confidence interval; ref: reference category

Discussion

In comparison to prior studies, our findings revealed a higher median TTP of 58.08 hours, in which the majority of positive cultures were identified between 48 and 72 hours. For instance, a study by Abdelhamid (2017) reported a median TTP of 21.1 hours for pathogenic organisms causing neonatal sepsis.¹⁹ Another study conducted on earlyonset neonatal sepsis demonstrated that 68% of positive blood cultures were identified within 24 hours, 94% within 36 hours, and 97% within 48 hours.²⁰ One important factor that needs to be considered is this study took into account the time in which blood specimens enter the laboratory to be processed (inoculation and incubation), thereby allowing a more clinically applicable interpretation of the results. Since most studies define TTP from the start of incubation time, the usage of cut-off values established from single-center studies may not be suitable as its value is greatly influenced by technical matters (transportation and laboratory logistics). An illustrative instance of this line of reasoning is evidenced in a study carried out by Cobos-Trigueros et al. (2014), which reported significant difference of TTP for Candida glabrata in Barcelona, Spain and Cologne, Germany (80.8 h vs 53.4 h, respectively); presumably as a result of the unequal distribution of cases and loading time between the two centers.²¹ This further underscores the impact of the geographical context in which the study was undertaken, given the inherent constraints imposed by the limited availability of laboratory facilities and human resources in LMICs.^{22,23} Additionally, our study also highlights that recommendations on empirical antibiotic withdrawal after 24 or 36 h presented by previous reports may not be applicable in this resource-limited setting.^{15,16,18,20} The reasons underlying this practice are inherently complex, as healthcare providers may need to administer empirical antibiotics until the blood culture results are available for review.^{24,25} In spite of this, it is also crucial to emphasize that empirical antibiotic administration has been shown to elongate the length of stay in the NICU^{26,27} and alter the normal body microbiome^{28,29} during critical developmental period of an infant. Hence, the measurement of TTP can provide valuable information for the antibiotic stewardship team to consider in developing an antibiotic de-escalation strategy.

Variations of TTP have been identified among the pathogens causing neonatal sepsis in this study. All gramnegatives (K. pneumoniae, A. baumannii, and E. cloacae) exhibited a significantly lower TTP compared to the only gram-positives (CoNS). A previous study conducted on patients with neutropenia highlighted similar differences between both groups of pathogens, showing that monomicrobial gram-positive and CoNS bacteremia had 2.47 and 3.92 times higher risks of yielding TTP longer than 24 h, respectively.³⁰ Furthermore, the study demonstrated that all monomicrobial gram-negative aerobic bacteremia cases had a TTP of less than 24 h, with 48% higher odds of yielding positivity within 16 h.³⁰ Another study demonstrated that the median TTP of suspected EOS and LOS due to monobacterial gram-positive organisms were longer than those caused by monobacterial gram-negative organisms (23.1 h vs 17 h).¹⁹ However, it may be inappropriate to generalize the differences solely based on Gram staining, as the variations could be attributed to the level of specific species. An earlier study exploring this approach showed that even among gram-negative bacilli, a significantly shorter TTP was identified between infections caused by E. coli, Klebsiella spp., Enterobacter spp., Citrobacter spp., and Aeromonas spp. Compared to those caused by Proteeae, Salmonella spp., Serratia spp., P. aeruginosa, and other non-fermenters.¹⁴ In our study, a significant difference in TTP among gram-negative isolates was only identified on one comparison between E. cloacae and A. baumannii (p=0.0397). Nevertheless, it should also be emphasized that determining CoNS as causative gram-positive pathogens required extensive consideration as it is commonly associated as contaminants and therefore were excluded in the analysis of TTP in prior studies.^{16–18,31} A study conducted on 0 to 90-day infants from an emergency department showed a significantly shorter TTP of pathogenic organisms compared to contaminants and stated that an incubation period of 36 h was adequate to detect 100% blood culture for significant pathogens.³² Additionally, Huggard et al. (2021) identified that shorter TTP is associated with gram-negative neonatal sepsis and a 15.5% increase in the odds of isolating a pathogenic organism compared to contaminants (including CoNS).¹⁶ Further adjustment on both patientspecific and culture-specific factors also suggested that the odds of obtaining TTP >36 h were 14 times higher for CoNS (aOR 14.60; 95% CI [6.98–30.58]; p<0.001).¹⁸

This is the first study that evaluates the prognostic potential of blood culture TTP for mortality in culture-proven neonatal sepsis cases. In this study, a longer TTP marginally predicts a better prognosis for the overall survival of neonates with neonatal sepsis. The risk of mortality was reduced by 1.5% and 1.7% for every increase of 1 h in TTP

both in the entire cohort and gram-negative sepsis, respectively. In line with these findings, a study conducted over a 14-year period in Ireland showed a comparatively lower neonatal sepsis mortality rate of 0.403 per 1000 live births, in which the TTP were consistently observed under 24 h.¹⁶ A previous report conducted on children with *Pseudomonas aeruginosa* bacteremia also showed the prognostic role of TTP ≤ 18 h to predict in-hospital mortality (OR 5.88; 95% CI [1.21–21.96]; p=0.035).³³ In gram-positive neonatal sepsis, TTP ≤ 12 and ≤ 17 h have also been previously associated with in-hospital mortality among children with *Streptococcus pneumoniae* and *Staphylococcus aureus* bacteremia, respectively.^{34,35}

Additionally, our study also found that EOS, extremely preterm birth (gestational age <28 weeks), and birth asphyxia were associated with worse outcomes in neonatal sepsis cases. It is noteworthy to emphasize that both prematurity and intrapartum complications (such as birth asphyxia) are the two most common causes of neonatal death worldwide; thus rendering the outcome not necessarily surprising.^{36,37} A systematic review also suggested that neonatal mortality was estimated at a higher rate for EOS compared to LOS, presumably attributed to a higher incidence of other risk factors in those groups (prematurity and low-birth-weight).¹ Previous studies have highlighted that maternal history of pre-eclampsia/eclampsia and antepartum hemorrhage were significantly associated with mortality in neonatal sepsis.³⁸ Higher mortality was also associated with a maternal history of abortions, abnormal placenta, and PROM.³⁹ However, the current study did not find any significant association between maternal history and neonatal sepsis mortality. It is important to note that invasive procedures such as mechanical ventilation and total parenteral nutrition, which have been shown to increase the risk of poor outcomes in neonatal sepsis⁴⁰, were not accounted for in this study due to the insufficient information available in the medical records.

While our study provides valuable insights, it is important to acknowledge its limitations. Firstly, the sample size of this study was relatively small, despite applying a total sampling frame. To increase robustness, a longer cohort period would have greatly benefited the research. Secondly, the study didn't account for several potential confounding factors that may impact neonatal survival. This limitation arises from incomplete documentation in the medical records on information regarding the use of perinatal antibiotics, the type of empirical antibiotics for neonates, and other therapeutic modalities, the use of nutrition (TPN or enteral feeding), use of isotopes, and oxygen/mechanical ventilation. Thirdly, there is a lack of data on the time to bottle load following blood specimen collection, which would vary on each sample due to the availability of human resources on that period of time. Lastly, the survival analysis of TTP was conducted solely on the entire cohort and gram-negative sepsis cases, whereas it would have been ideal to perform this analysis for every neonatal sepsis cases caused by a specific pathogen (species). These limitations should be taken carefully into consideration when interpreting the findings of this study.

Conclusion

Yes. Time to positivity (TTP) predicts different species of causative pathogens and the overall survival of neonatal sepsis in a tertiary healthcare facility in Indonesia. *Klebsiella pneumoniae, Acinetobacter baumannii*, and *Enterobacter cloacae* are the three most common gram-negative pathogens causing neonatal sepsis in this study and exhibited significantly shorter TTP compared to the most common gram-positive pathogens, Coagulase-negative Staphylococci (CoNS). *E. cloacae* also showed a significantly shorter TTP compared to *Acinetobacter baumannii*. A shorter TTP, early-onset neonatal sepsis (EOS), and birth asphyxia were independent prognostic factors for in-hospital mortality for the entire cohort and the gram-negative sepsis cohort. Additionally, extremely preterm birth (gestational age <28 weeks) was also associated with mortality in gram-negative neonatal sepsis.

Disclosure

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